



PARALYMPIC
FOUNDATION



TOGETHER,
WE'RE
STRONGER

The Paralympic journey isn't just about medals and podiums – it also magnifies the transformative power of sport in uniting individuals. While many athletes compete together as a team, the word 'team' is more than a collection of athletes side by side. **It is a shared ambition, a community and a place to belong.**

Meghan Mahon and **Blaise Mutware** represent Team Canada with pride. While their sports differ, their stories—woven with challenges, triumphs, and an enduring sense of unity—reflect each other. They stand as symbols of a profound truth: together, we're stronger.

After suffering a spinal cord injury at the age of 20, **Blaise** found his light in wheelchair basketball. Introduced to this sport by his physical therapist, it soon became an outlet, a haven. The court gave him freedom and the team gave him purpose. He vividly recalls the support of his teammates in those initial days. Blaise firmly believes, "Being on a team means having each other's back, suffering together, and winning together." Now, as a seasoned Paralympian, he is not just a player; he's a beacon for rookies and a leader both on and off the court.

Meghan's journey started differently. Born with a visual impairment, she navigated the world of sports alongside her non-disabled peers until her teenage years. While she acknowledges the progress made in Para sport in Canada, she feels the journey towards absolute inclusivity is still underway. Meghan was naturally drawn to goalball because of its essence as a team sport. In her words, "To me, teammates and coaches

HEIDI PETERS
SITTING VOLLEYBALL



BLAISE MUTWARE
WHEELCHAIR BASKETBALL



DANIELLE ELLIS
SITTING VOLLEYBALL



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aren't just colleagues; they're family, rooting for each other's success both on and off the field." Goalball isn't just a sport to Meghan; it's a world where she finds kinship and shared experiences.

Behind every athlete's journey is a community of champions: those who cheer, believe, and ensure that sport's transformative power is felt universally. Each victory, each medal won by athletes like Blaise and Meghan isn't just a testament to their grit and determination, but also a reflection of the collective strength of the team behind them. **That team includes you.** Your support helps turn dreams into podium moments and ambitions into unforgettable memories.

While their paths may differ, Meghan and Blaise's stories converge on a singular truth: the people, the community, and the shared dream are just as important as the accolades. Our vision of 'team' surpasses the bounds of the playing field. The Paralympic movement emphasizes unity, drawing from diverse backgrounds and experiences, to align to one mission: **igniting change through sport.**

ZAK MADELL
WHEELCHAIR RUGBY

MEGHAN MAHON
GOALBALL

TARA LLANES
WHEELCHAIR BASKETBALL

ANTHONY LETOURNEAU
WHEELCHAIR RUGBY



TOGETHER, WE'RE STRONGER.



As we embark on a journey to ignite change through sport, your support can make a significant impact. **Every donation, every word of encouragement, every gesture of belief you offer amplifies the journey.**

Together, and through sport, we can contribute to a Canada where no one is left out. **Where disability is embraced, diversity is sought out, and everyone's needs are considered from the outset.**

TOGETHER, WE WILL IGNITE CHANGE THROUGH SPORT.



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[Paralympic.ca/StrongerTogether](https://paralympic.ca/StrongerTogether)

We value your continued support and have noted your language preference as English.
If any corrections are needed, kindly contact us at foundation@paralympic.ca.