



## 2019 Para Sport Jumpstart Fund Recipients

**Organization:** Abilities Centre

**Location:** Whitby, ON

**Program:** Girls Engaged in Multi-Sport (GEMS) Program

Abilities Centre will deliver the girls-only GEMS program to young women aged 11-15 to build and instill confidence in their skills and abilities, provide a quality sport environment, and encourage participants to continue into community programming. Participants will try wheelchair basketball, Para athletics, Para archery and physical literacy programming. Funding will support program staff and facility fees.

**Organization:** Association québécoise de sports pour paralytiques cérébraux

**Location:** Multiple Locations, QC

**Program:** Devenir meilleur ensemble, le boccia, un sport pour moi!

The Devenir meilleur ensemble, le boccia, un sport pour moi! program will support the participation of 40 kids and youth with disabilities in boccia, allowing them to participate alongside friends and family. Qualified instructors will support the athletes' participation in local Quebec clubs and progression to provincial and national competitions. Funding will support coaches, adapted transportation and various boccia equipment.

**Organization:** Athletics Canada

**Location:** Multiple Locations, BC & AB

**Program:** Para-Athletic Sport and Athlete Development Program

Through their Para-Athletic Sport and Athlete Development Program, Athletics Canada will deliver educational events for coaches and athletes across Alberta and British Columbia to build awareness and capacity to integrate Para athletics into local schools, sports clubs and provincial sports organizations, creating the infrastructure to recruit new Para athletes and enabling them to join athletics clubs, access appropriate coaching, and compete at a local, regional and provincial level. Funding will support venue rentals and transportation for the educational events.

**Organization:** Ausome Canada

**Location:** Ottawa, ON

**Program:** Ausome Basketball Program

Ausome Canada is an organization that fosters courage, connection and community, through sport, for children with autism and their families. Addressing the barriers to participation for kids with autism in community sport, Ausome Canada will offer adaptive basketball programming for kids with autism, ages 6-16 to improve skills, gain confidence and learn to play alongside their peers and family. Funding will support coaching costs and facility rental for the program.

**Organization:** BC Adaptive Snowsports

**Location:** Multiple Locations, BC

**Program:** All Mountain Camps

The All Mountains Camp program delivers two four-day camps offering concentrated race training with coaching from Alpine Canada. Each day consists of gate racing environments in the morning and free skiing skill development in the afternoon. Funding will support alpine instructors, facility rentals and transportation costs.

**Organization:** BC Wheelchair Sports Association

**Location:** Lower Mainland (multiple locations), BC

**Program:** BCWSA Girls Only Program

With a mandate to provide exceptional wheelchair sports program and services, BC Wheelchair Sports Association will be launching a new BCWSA Girls Only Program. In addition to their annual GO Time Event – a weekend camp for kids to try a variety of wheelchair sports – BCWSA will offer ongoing sports sessions focused specifically on engaging and developing girls aged 13 – 20 years old in various wheelchair sports, including wheelchair tennis, rugby and basketball. Funding will support program coaches, facility rentals, accommodations, transportation and adaptive equipment to run their GO Time camp and ongoing Girls Only programs.

**Organization:** CADS Alberta

**Location:** Red Deer County, AB

**Program:** CADS Red Deer

CADS Red Deer is a volunteer-based organization that provides opportunities for those with all abilities to learn alpine skiing or snowboarding in a safe and supportive environment. They will increase their capacity to expand their ongoing adaptive ski and snowboard programs by 10 more kids by training more volunteers, a critical component to sustaining their programming. Funding will support volunteer training and equipment.

**Organization:** Camp Awakening

**Location:** Toronto, ON (Camp locations in Minden & Tichborne, ON)

**Program:** 2020 Para sport Program

Since 1982, Camp Awakening has been offering summer camp programs to kids with physical disabilities. In 2020, the Camp will offer its third Para sport program which will provide campers with diverse Para sport experiences tailored to their specific abilities, including wheelchair basketball, tennis, goalball and sitting volleyball. Funding will cover transportation and adaptive sports equipment.

**Organization:** Canucks Autism Network Society

**Location:** Greater Metro Vancouver Area & Lower Mainland, BC

(including Abbotsford, Burnaby, Chilliwack, Coquitlam, Delta, Langley, Maple Ridge, Mission, Port Coquitlam, Richmond, Surrey and Vancouver)

**Program:** Canucks Autism Network Programs: Multisport, Active, Swim, and Skate

Canucks Autism Network provides year-round inclusive sports and recreation programs for kids with autism and their families. The Network's multisport programs are led by extensively trained staff and volunteers, and include swimming, skating and physical literacy programming. Facing a backlog for their services, Canucks will be able to include an additional 600 new spaces in their programs with Para Sport Jumpstart funding. Funding will cover program support workers, coaches, facility rentals and sports equipment.

**Organization:** Centre d'intégration à la vie active (CIVA)

**Location:** Montreal, QC

**Program:** Planche à Pagaie Adaptée

Centre d'intégration à la vie active ("CIVA") supports youth with physical disabilities to develop their full potential through sport. Their Planche à Pagaie Adaptée program will offer adapted paddle boarding with trained instructors and adaptive equipment to make the sport accessible to all kids. Funding will support adaptive equipment.

**Organization:** City of Kelowna

**Location:** Kelowna, BC

**Program:** Adaptive Multi-Sport

The City of Kelowna aims to build strong neighbourhoods, enhance culture and provide barrier-free recreation. Their 32-week long Adaptive Multi-Sport program will provide an inclusive environment for kids aged 8-16 with physical and cognitive disabilities to try out a variety of adaptive sports, including Para ice hockey, gymnastics, cycling and Martial Arts (Jujitsu) in partnership with local community sports organizations. Funding will support qualified coaches and adaptive sports equipment.

**Organization:** City of Ottawa

**Location:** Ottawa, ON

**Program:** I Love to X-C Ski

The I Love to X-C Ski program will deliver inclusive outdoor cross-country skiing sessions to 14 children with Autism Spectrum Disorder (ASD). The City partners with the local children's hospital, CHEO and Ausome Ottawa to provide expert training and volunteer involvement. Participants will have the opportunity to participate in programming alongside family members, build physical literacy and cross-country skiing skills. Funding will support qualified instructors and equipment rentals.

**Organization:** City of Victoria

**Location:** Victoria, BC

**Program:** Aquatic Inclusion

The City of Victoria's Aquatic Inclusion program will provide 1:1 adapted swimming instruction and inclusion instructors to support 60 children with disabilities. Participants will get tailored instruction specific to the child's individual needs to ensure a safe, positive experience, with a goal to build each swimmers' confidence and competence to be able to progress into group lessons or continue onto more competitive opportunities if they so choose. Funding will support specialized aquatic instructors and inclusion support staff.

**Organization:** Canadian National Institute for the Blind

**Location:** Victoria and Vancouver, BC

**Program:** CNIB Vancouver Summer Day Camp for All Abilities and CNIB Victoria Tech and Rec Camp

The CNIB camps will offer 36 children with sight loss the opportunity to participate in various sports including goalball, rock climbing, Para swimming, Para cycling, Para athletics and yoga. The program aims to improve the wellbeing, health and confidence of participants who are blind or partially sighted by developing their skills, creating meaningful relationships and offering opportunities to fully integrate themselves into their community while having fun, learning and enhancing skill development. Funding will support program staff, facility rentals and transportation.

**Organization:** Canadian National Institute for the Blind

**Location:** Bishop's Fall, NFLD

**Program:** Summer Youth Recreation & Sport Program - CNIB Newfoundland

The CNIB Summer Youth Recreation & Sport Program will offer 40 children with sight loss the opportunity to participate in various Para sports including goalball, Para archery and Para swimming. Funding will support program staff, facility rentals and transportation.

**Organization:** Community Resource Centre

**Location:** Barry's Bay, ON

**Program:** Sledge Hockey Expansion – Open Competitive Program

The Community Resource Centre will expand its local Para ice hockey program with new equipment and more ice time, providing an inclusive and affordable program to accommodate more kids with disabilities in an underserved rural area. Kids will have the opportunity to travel to competitions and through partnerships with other Para ice hockey clubs, new players will have access to an experienced mentor to help them achieve their individual goals. Funding will support 10 sets of adaptive equipment and facility rentals.

**Organization:** Cowichan Therapeutic Riding Association

**Location:** Duncan, BC

**Program:** Therapeutic Riding, Inclusive/Adapted Equestrian Activities and Para-Equestrian Sport for Youth with Special Needs

Cowichan Therapeutic Riding Association offers adaptive and Para equestrian programs in a fully accessible equestrian facility in Duncan, BC. Para Sport funding will support additional coaching and instruction to support an additional 40 kids with disabilities.

**Organization:** École secondaire Félix-Leclerc

**Location:** Montreal, QC

**Program:** Activité parascolaire avec compétition finale ALTERGO

École secondaire Félix-Leclerc will build and train a team of 20 students with a goal to compete in the Altergo 2020 competition. The after-school program will engage youth with disabilities and offer adaptive soccer and basketball instruction. Funding will support coaching staff, facility rentals, registration costs, transportation and equipment.

**Organization:** Edmonton Adaptive Sports Association

**Location:** Edmonton, AB

**Program:** EASA Storm Para Ice Hockey Program Development

For a second year, Edmonton Adaptive Sports Association (“EASA”) will receive Para Sport Jumpstart funding to continue to grow its volunteer-run EASA Storm Para ice hockey program for children and youth. Expanding from 17 to 30 players last year, the program plans on recruiting more players and offering players more time on the ice to increase skill development. The program is offered at low cost to keep it accessible to all participants. Funding will support facility rentals, sledges and sticks.

**Organization:** Golden Horseshoe Disabled Sports Association

**Location:** Burlington, ON

**Program:** Vipers Wheelchair Basketball Under 16 Program

The Vipers Wheelchair Basketball program will provide kids with physical disabilities the opportunity to participate and progress in wheelchair basketball. To accommodate growing demand and more players, they will use their funding to purchase five new sports wheelchairs. Funding will support the purchase of five specialized sport wheelchairs.

**Organization:** Grandview Children's Centre

**Location:** Oshawa, ON

**Program:** Para Sport Adventures

The Para Sport Adventures program will offer 50 kids and youth with physical disabilities the opportunity to experience boccia, wheelchair basketball, sitting volleyball and baseball with qualified instructors and coaches. The program will give participants a positive experience in a safe, welcoming and inclusive environment which will give them the confidence, athletic competence, social acceptance and motivation to participate in sports in the community. Funding will help remove the barrier of registration costs for participants.

**Organization:** Hockey Reaching Out Society

**Location:** Regina, SK and Calgary, AB

**Program:** Super HEROS – Regina and Calgary

HEROS is a mentor-based hockey program that gives youth with cognitive and physical challenges their first access to the game as a hockey player. To address a lack of inclusive hockey programming in Regina and Calgary, HEROS will deliver the adaptive hockey Super HEROS program for 24 kids in collaboration with numerous community partners and volunteers. Players will also experience offsite team-building activities including fishing, golfing and family picnics along with mentorship to build a sense of belonging and inclusion. Funding will support staff, facility rentals, transportation and equipment.

**Organization:** Holy Spirit Academy

**Location:** High River, AB

**Program:** Inclusive Recreational Para sport League

Holy Spirit Academy's school-based Inclusive Recreational Para sport League will offer adaptive curling, disc golf, box-hockey and Omnikin ball to foster a sense of belonging and connection for participants, providing an inclusive environment for all kids to participate in sports together. Para Sport Jumpstart funding will be used for adaptive equipment that will be made available to students with disabilities to borrow through a lending library to help remove barriers faced by lack of adaptive equipment for activity and play at home.

**Organization:** Kamloops Therapeutic Riding Association

**Location:** Kamloops, BC

**Program:** RWD – Riders with Disabilities

Kamloops Therapeutic Riding Association delivers riding lessons to youth and adults with physical, cognitive and emotional disabilities as well as at-risk youth. The Riders with Disabilities program will offer 48 youth the opportunity to participate in equestrian sessions with certified instructors tailored to their needs, allowing them to improve their skills, self-esteem and coordination. Funding will support instructors and equipment.

**Organization:** Let's Play, BC Wheelchair Basketball Society

**Location:** Prince George, BC

**Program:** Let's Play in My Community – Prince George

The BC Wheelchair Basketball Society's Let's Play in My Community program in Prince George will give 20 children with physical disabilities in BC access to a sport wheelchair and other support resources so they can develop the skills they need to confidently participate in play, sport, and physical education with their peers. The program will offer access to sport wheelchairs, mentorship and one-on-one family support to help participants become successful in Para sports including wheelchair basketball, wheelchair tennis, Para ice hockey and track and field. Funding will support coaching, transportation and wheelchairs.

**Organization:** Manitoba Cerebral Palsy Sports Association

**Location:** Winnipeg, MB

**Program:** MCPSA Diversity Project – Para Storm Swim Club

The Manitoba Cerebral Palsy Sports Association's MCPSA Diversity Project will support the Para Storm Swim Club, offering Para swimming instruction alongside nutritional workshops, seminars and team building activities for 18 youth with disabilities. Athletes receive specialized swim instruction and will have the opportunity to progress into competitions. The Club plans to grow to accommodate more athletes, requiring extra coaching time, more lane space and equipment. Funding will support coaching, pool rentals and equipment.

**Organization:** Ontario Track 3 Ski Association for the Disabled

**Location:** Etobicoke, ON

**Program:** Kids of All Abilities on the Slopes

This program teaches around 200 kids and youth with physical and cognitive disabilities annually how to ski and snowboard at various ski hills across Ontario. Trained instructors and volunteers provide adaptive lessons to support athletes, and athletes can graduate onto more competitive opportunities through their Trails to Independence progression program. With new equipment and volunteer training, the organization hopes to recruit 50 new volunteers and increase its capacity by an additional 22 kids with disabilities. Funding will support registration, training, transportation and equipment.

**Organization:** Paralympic Sports Association

**Location:** Medicine Hat, AB

**Program:** Medicine Hat Para Ice Hockey Junior Program – Phase 2

For a second year, the Paralympic Sports Association will receive funding to grow its Medicine Hat Para Ice Hockey Junior Program, which was started largely with the help of a Para Sport Jumpstart grant in 2018. With growing demand, Paralympic Sports Association will invest in volunteer training and 10 new sledges to better support their players. Funding will support adaptive equipment and training.

**Organization:** Parasport Québec

**Location:** Montréal, QC

**Program:** Ligue provinciale de mini basketball en fauteuil roulant

Parasport Québec supports the promotion and development of Para sport in Quebec. With funding, the organization will continue to develop its youth wheelchair basketball league throughout the province, increasing accessibility to programming to more participants and providing pathways to more competitive opportunities for athletes gearing up for the Jeux du Canada in 2023. The organization plans to expand to include three new clubs including Gatineau, Trois-Rivières and Saguenay.

**Organization:** Pickering Soccer Club

**Location:** Pickering, ON

**Program:** All Abilities Program – Let Them Play

The Pickering Soccer Club provides quality soccer programs, and funding will support staff time, facility rentals, transportation costs and soccer equipment costs to sustain its long-standing All Abilities Program – Let Them Play, allowing 175 kids with disabilities the opportunity to participate in 14 week-long sessions to develop soccer skills. Funding will support staff time, facility rentals, transportation costs and soccer equipment costs.

**Organization:** Rocky Mountain Adaptive Sports Centre

**Location:** Banff, AB (and various other locations)

**Program:** Alpine Ski Development - Grass Roots to Podium

Rocky Mountain Adaptive Sports Centre enables kids with disabilities across Alberta and Canada the opportunity to participate, learn and excel at alpine sports. Their adaptive alpine program enables over 50 kids to participate in 10-week long ski programs at both a recreational level, and they will expand their programs to include a Train2Race stage, giving developing athletes access to competitive race training. They'll offer four free "Try Para skiing" camps to recruit new participants, provide accessible transportation and ongoing adapted instruction by trained coaches. Funding will support instructors and coaches, hill rentals and ski equipment.

**Organization:** SkateAble™

**Location:** Hamilton, ON

**Program:** SkateABLE™ Hamilton

SkateABLE™ provides specially adapted ice-skating programs, equipment, and instruction to individuals with physical and developmental disabilities. In Hamilton, it will deliver adapted skating lessons to 40 children and youth, offering adaptive skating equipment, specialized instructors and personalized lesson plans. The goal of the program is to increase physical literacy, reduce secondary conditions and improve overall health and wellness. Funding will support coaching, facility rentals and adaptive equipment.



**Organization:** Tennis Canada

**Location:** Quebec (various locations)

**Program:** Quebec Youth Wheelchair Tennis Program

The Quebec Youth Wheelchair Tennis Program will include promotional and awareness events in collaboration with Quebec schools, Have a Go recruitment events, and the expansion of ongoing tennis programming. The program will increase accessibility of wheelchair tennis programs throughout the province and promote a robust development pathway for athletes. Funding will support coaching, facility rentals, transportation and adaptive equipment including 3 tennis sport chairs.

**Organization:** The City of Calgary

**Location:** Calgary, AB

**Program:** Canadian Tire Jumpstart: Multisport Program for Youth with Disabilities (Fall 2019, Spring 2020 and Summer 2020 sessions)

To recruit and engage kids with disabilities in their sport and recreation programming, the City of Calgary is developing a new Multisport Program for Youth with Disabilities. Running for three sessions in 2020, each session will offer youth aged 10-16 a variety of Paralympic sports to try. Sessions will remove some of the barriers that exist for kids with disabilities including reduced registration costs, accessible transportation and facilities, and adaptive equipment, and will be offered in partnership with local sports organizations. Funding will support staff, facility rentals, adapted transportation and equipment.

**Organization:** The Equestrian Association for the Disabled (T.E.A.D.)

**Location:** Mount Hope, ON

**Program:** Therapeutic Riding Winter 2019

T.E.A.D. is dedicated to enhancing the quality of life for children and adults with disabilities through equestrian therapy. With Para Sport funding, they will expand their programming to include the Therapeutic Riding Winter 2019 program, offering more children and youth aged 4-18 with disabilities the opportunity to develop skills and be active. Funding will support instructors and equipment.

**Organization:** Toronto Power Wheelchair Hockey League

**Location:** North York, ON

**Program:** 2019 / 2020 Toronto Power Wheelchair Hockey League

Toronto Power Wheelchair Hockey League provides quality adaptive sport to youth and young adults with various disabilities. The 2019 / 2020 hockey league program will support six power hockey teams. Para Sport funding will support facility rentals and the purchase of four new power chairs, enabling the club to expand and include more players.

**Organization:** Township of Uxbridge Recreation

**Location:** Uxbridge, ON

**Program:** Durham Otters Special Olympics Team

The Town of Uxbridge's Durham Otters Special Olympics Team will provide Para swimming instruction to youth with physical and intellectual disabilities. Through quality coaching and dry land training, swimmers will have opportunities to set and achieve attainable goals in their swimming endeavours. Participants will compete in a variety of different Special Olympics swim meets over the course of the season with some competing at the provincial and national levels of Special Olympics. Funding will support coaching costs.

**Organization:** Victoria Therapeutic Riding Association

**Location:** Saanichton, BC

**Program:** Adaptive Riding Program

The Victoria Therapeutic Riding Association's Adaptive Riding Program offers inclusive lessons with volunteers and certified instructors who are trained to adapt activities and equipment to suit the needs of the student. Funding will cover instructor and equipment costs, allowing them to accommodate 10 more students – supporting 148 kids in total – and increase the overall number of lessons.

**Organization:** WindReach Farm

**Location:** Ashburn, ON

**Program:** Get Outside! Play for life

WindReach Farm is a 105-acre fully accessible farm, outdoor recreation and equine facility that strives to inspire, empower and change the lives of individuals with disabilities. The Get Outside! program aims to eliminate barriers to participation for youth with disabilities by providing positive first experiences and quality regular programming in a fully accessible environment, with adaptive equipment and by specially trained staff. Funding will be used to expand their program offerings to children ages 9-25 with disabilities, offering day visits for schools, weekly sessions for summer camp and a year-round after-school program.

**Organization:** Women's Sledge Hockey of Canada

**Locations:** Various (Alberta, Ontario, Northern Canada)

**Program:** Para-Hockey Girls Community Development & Mentorship Program

Women's Sledge Hockey of Canada will host four Para ice hockey development camps across Canada for girls with disabilities. Each development event will host 2-3 on-ice practices, off-ice training and coaching clinics for women identified coaches / future coaches. The program will be female-led by qualified coaches and will create awareness of Para ice hockey and provide mentorship opportunities for new participants. Funding will support coaches, facility rentals, registration costs, transportation and adapted equipment.