



Paralympic Schools Week 2017 Guidelines

Welcome to Paralympic Schools Week 2017! - Our annual coast to coast celebration of parasport and the Paralympic movement in Canada that promotes healthy, active lifestyles for all Canadians. Paralympic Schools Week runs from April 24-28, 2017. Be sure to register before April 10th in order to enter our various contests!

There are three ways to engage your classroom in Paralympics Schools Week outlined below! Each school who registers for PSW is automatically entered to win the chance for an athlete visit to their school! Schools who demonstrate their participation are eligible for additional prize packs. To learn more about each activity and how to participate, see below:

1. **Be ACTIVE**

Using the Paralympic Fundamentals Resource, show us how you are using the lessons and activities in your classroom/ gymnasium, and enter to win a FREE athlete appearance, as well as a chance at one of our various prize packs!

- I. Step 1- Register for Paralympic Schools Week online, and indicate which activity you will be participating in (Paralympic.ca/schoolsweek)
- II. Step 2- Sign up for the free Fundamentals Resource (<http://education.paralympic.ca/>)
- III. Step 3- Capture your classrooms engagement by:
 - a. 30 second video
 - b. 1-5 photos
 - c. Testimonial written by a student about activity.
- IV. Step 4- Send your media to schoolsweek@paralympic.ca with the subject line " _____ School is submitting ____ for activity ACTIVE".
- V. Please indicate if we can feature your media online
 - a. Yes/No media consent
 - b. Does your school have its own social media?
- VI. Step 5- Keep an eye on your inbox by April!

2. **Inspire BRILLIANCE**

Using the Paralympic Lesson plans; show us how you educating your class through incorporation of the lesson plans, and on parasport, to be entered for a chance at one of our various prize packs!

- I. Step 1- Register for Paralympic Schools Week online and indicate which prize pack you've selected (Paralympic.ca/schoolsweek)
- II. Step 2- Locate the Paralympic lesson plans (<http://paralympic.ca/activity-plans>)
- III. Step 3- Capture your classrooms engagement by:
 - a. 30 second video
 - b. 1-5 photos



- c. Testimonial written by a student about activity.
- IV. Step 4- Send your media to schoolsweek@paralympic.ca with the subject line “___school is submitting ___for activity BRILLIANCE”.
- V. Step 5 -Please indicate if we can feature your media online
 - a. Yes/No media consent
 - b. Does your school have its own social media?
- VI. Step 6- Keep an eye on your inbox by April!

3.CELEBRATE

Create posters, drawings and/or letters to our Paralympians, congratulating them on their achievements in the RIO 2016 Paralympics. Be creative and enter the chance to win one of our various prize packs!

- I. Step 1- Register for Paralympic Schools Week online and indicate which prize pack you’ve selected (Paralympic.ca/schoolsweek)
- II. Step 2- Decide how your class will celebrate parasport and the Paralympic Movement!(drawings, posters, letters, essays etc.) find more inspiration at Paralympic.ca/celebrate
- III. Step 3- Send your creations to schoolsweek@paralympic.ca with the subject line “___school is submitting ___ for activity CELEBRATE”
- IV. Step 4 -Please indicate if we can feature your media online
 - a. Yes/No media consent
 - b. Does your school have its own social media?
- V. Step 5- Keep an eye on your inbox by April!

If you have any further questions, please contact schoolsweek@paralympic.ca.

Yours in Sport,

The Paralympic Schools Week Team